PRECIOUS HANDS

(A Child-Sponsorship-Programme)

Amual Report-2022

The Vision

Releasing Children from Poverty & preventing them from Human Trafficking to give them a better quality of life.

Dear Beloved Partners,

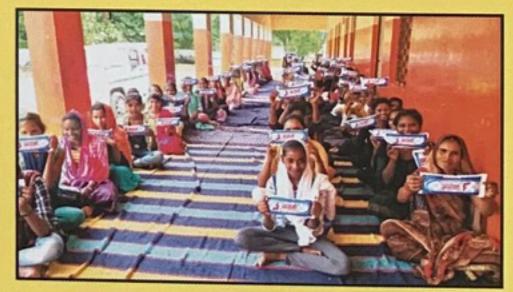
Once again it gives us great joy to share with you the Annual Report of Precious Hands. The year 2022 began with a hope that we would have an uninterrupted year where we would be able to teach classes and conduct activities of Precious Hands without restrictions or sudden closure of schools because of Covid. There was a short period from January 20th – February 16th 2022 that primary schools were ordered closed and we had to conduct online classes. This restriction was lifted on 18th February and we smoothly conducted all the activities and school classes through the rest of the year.

MONTHLY ACTIVITIES - 2022

Each month we had the following activities besides all the normal classes taught in the school/centers as prescribed by the government of India.

- Hygiene Packages The packet contains a soap for washing the body, soap for washing clothes, hair oil, shampoo which fights against lice, toothpaste and in July and January, they also get a toothbrush.
- Nutritive Supplements The content is different each time (wheat oats, rice, soybean nuggets and salt packets etc.).
- Monthly Child Assessment Test This test is taken in every subject for all the classes to analysis the progress of children for both the student and teacher. They see what they have to reinforce or do differently to help the progress of the child.
- Project Hygiene–Sanitary Napkins

 Each month young teenage girls and young women attend a Menstrual Hygiene Management (MHM) program. In these monthly classes different subjects related to women hygiene and health are conducted. Each month women and girls are given their monthly supply of sanitary napkins. This year there were 87 girls enrolled in this program.





• Adult Literacy Classes – This class is conducted 3 days in a week for young women and girls who never had an opportunity to attend school in the communities where our Precious Hands children are coming from. Basic reading and writing skills are taught to those who are illiterate.

JANUARY 2022

- School / Centers reopened after winter holidays
- Republic Day Celebration Government designated holiday celebrated by teachers and children/flag hoisting, singing of national anthem and a brief speech related to Republic Day followed by snacks
- Staff Workshop Sensitising teachers, children and parents for the possibility of online classes
- Project Hygiene Topic: Signs of Anaemia



FEBRUARY 2022

- Online Classes January 20th -16th February
- Restriction lifted regular physical school classes resumed
- Sponsors Letter of Thanks children learned about who is a sponsor and wrote letters of thanks
- Preparation for final exams revising lessons with children
- Project Hygiene Topic: Danger of Early Marriage

MARCH 2022

- Final Exams in all three school/centres
- Teachers Prepare Childs Results corrections of exam papers, marking of grades and result distribution

APRIL 2022

- Class Promotion and New Admissions for children
- Class Orientation children introduced to their new class and teachers
- Spring Celebration Children performed a special program with songs, skits and games. After they received a gift of bed sheets and snacks.
- Project Hygiene -Topic: Importance of Nutrition



MAY 2022

- Summer Arts and Crafts Camp-children participated in an all day program where they made different crafts and arts.
- Summer Holiday School Assignment—children were given light homework assignments to help them practice writing, reading and maths skills.
- Update Stock / Inventory Registers teachers and staff checked the assets of the school according to the inventory registers and updated them if necessary.



- Renovation of Shankargarh Center - Shankargarh center was renovated with a new roof, repairing of the walls and a new gate.
- Repair of Baithkwa School Building - The roof of classrooms were repaired and repair work on the drinking water system.
- Summer Holidays—all three school/centers were closed for children and teachers from 19th May - 26th June.
- Project Hygiene Sanitary Napkins Topic: Nearest Health Center and benefits

AMAN SINGH - Pass out Student (HARDON)

Hi my name is Aman Singh. I am 19 years old and a resident of Hardon. We are three brothers and one sister. All of us are now grown and in our twenties. My parents are farmers and we own agriculture land in Hardon. Our village is remote and very hard to reach as it is on the foothills of the border of Uttar Pradesh and Madhya Pradesh. My parents aim was to educate us so we could have opportunity for better employment. Precious Hands Center was near our



house and there was no other educational facility at that time. We were all small children but my parents decided to send us to study. My sister was the eldest and she was the first to attend. It was very good of my parents as usually the boys are given first preference in education. They let her study and even go for her higher studies. All three brothers were also sent to Precious Hands Center. It was here we were grounded in our elementary education and when we passed out our parents sent us to higher classes in another locality. Today I and my brother are studying in the Allahabad University. My sister was also allowed to study in the University and she graduated after which she got married. I am doing my 2nd year of studies in Bachelor of Science (BSc) majoring in maths. At present I am living in Prayagraj city in a hostel so that I can attend my classes. My interest is in the field of Income Tax and one day I would like to be an Income Tax officer or at least work in this department. When I look back and think of where I began my studies I always remember Precious Hands where my first foundation of education was laid. We studied in a hut but now I see that a School/Center is being built with good facilities. This is going to help many more children to study and have a chance to move forward in their education.

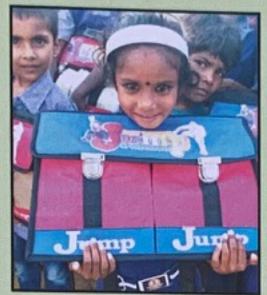
JUNE 2022

- Reopen Of School/ Centers for teachers and staff / schools reopened for classes on 27th June
- Teachers Orientation Teachers along with Precious Hands project coordinator were briefed on new changes in the school timetable for teaching and activities for the new school academic year.

JULY 2022

 Regular Classes Conducted –in all three school /centers





- Distribution of school supplies children were given their annual school supplies of school bag, stationary for writing, text books and writing copies
- Staff Workshop-Topics: 'Become a Leader 'and 'Duties and Responsibilities of an Ideal Teacher'.



In this workshop teachers also prepared the annual activity plan, formats for documentation and

preparing of teaching time table according to the syllabus.

• Joining of New Staff - 3 new teaching staff joined in the Baithkwa School

Project Hygiene – Topic: Ladies Reproductive Organs and Menstruation

AUGUST 2022

- Distribution of School Uniforms—in all three school/centers
- India Independence Day Celebration Government designated holiday celebrated by teachers and children/flag hoisting, singing of national anthem and a brief speech related to India Independence Day followed by snacks.
- Library Upgraded the school library in Baithkwa was set up in a new room with furniture and additional books
- Project Hygiene Topic: Personal Hygiene during Menstruation

PRINCE - Precious Hands Student/Family (Shankargarh)

Prince and his family are living in Shankargarh. He is studying in 3rd class in the Shankargarh Center. His favourite subjects are maths and Art. He loves to run and takes active part in all the sports activities. He has a brother who is one year old. Prince and his family live in a brick house



and have electricity but they take their water from an outside public hand pump. His father is an electrician and works locally and is self employed. The mother has been to school and knows the importance of education. She is insistent that her children should go to school. We have observed that mothers who have gone to school and are educated are convinced that not only their children but all children should go to school. When the mother is illiterate she cannot see beyond her limited surroundings and environment. She does not see the importance of education, having never experienced it in her own life. If both parents are illiterate it becomes equally hard for them to see their children having any other future. This is why educating children is so vital because it is the way to change the mindset of a future generation. Both parents are very thankful that their son Prince is attending the Precious Hands Center in Shankargarh and look forward to the day their second son will also join.



SEPTEMBER 2022

- Parents Awareness Program Topic: Personal Health and Hygiene (good practices of bathing, hand wash, using toilet, clean surroundings, safe drinking water etc.,)
- Teachers Day Celebration Children honoured their teachers by staging a program for them with songs, poems and skits followed by snacks for children and teachers.



- Tree Plantation Children were made aware of the importance of environment and planting of trees. Children planted trees in the school campus.
- Project Hygiene Topic: Importance of Nutrition



OCTOBER 2022

Child Annual Medical Screening - regular paediatric check-up and referrals for treatment





Health Awareness Program for children - Theme: "Personal Health & Hygiene" (bathing, hand washing, good toilet practices etc,). Children were given Dettol Soap and hand towels to promote hand wash.

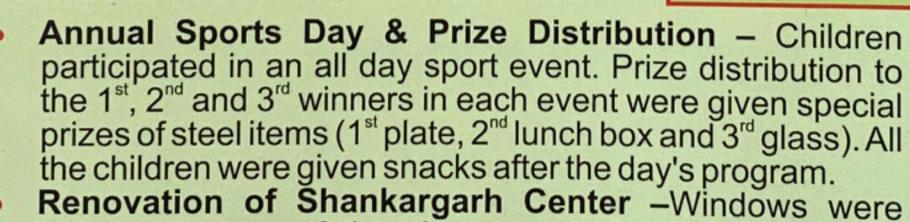
Gandhi Jayanti - Government designated holiday to honour Mahatma Ghandhi the Father of the Nation. Children were taught about his life and contribution to the Nation. Children were given snacks.

Project Hygiene - Hygienic Methods of Disposing Sanitary Napkins

NOVEMBER 2022

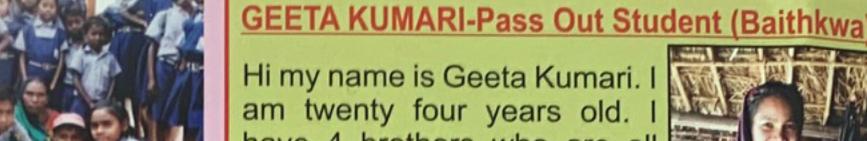
प्रयागराज

Children Day Celebration-Government designated holiday to honour children. Different activates were organized for the children (games, sports, skits and songs). Teachers distributed sweets and snacks to the children.



installed in one of the class rooms for better light and ventilation.

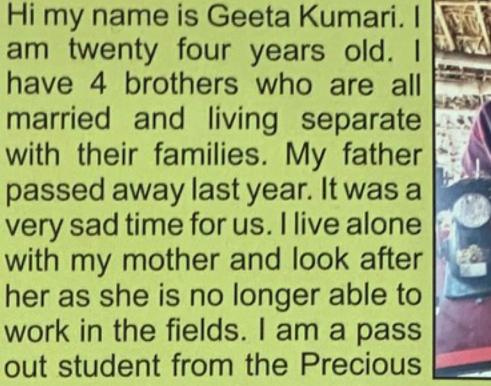
Project Hygiene - Topic: Myths and Taboos about Ladies Menstruation



DECEMBER 2022

- Half Yearly Exams in all three school/centres
- Winter Celebration Children performed a special program with songs, skits and games. Special Gifts for children: Winter sweaters and snacks
- Project Hygiene-Topic: Bathing During Menstruation
- Special Gifts for girls: Ladies stoles and snacks
- School / Centers closed on December 30th, 2022 for Winter Holidays to reopen January 19th, 2023.





complete my higher education and did my

graduation in Bachlour of Arts. I also learned to

stitch clothes and decided to open up a small

tailoring shop in my home. I was able to

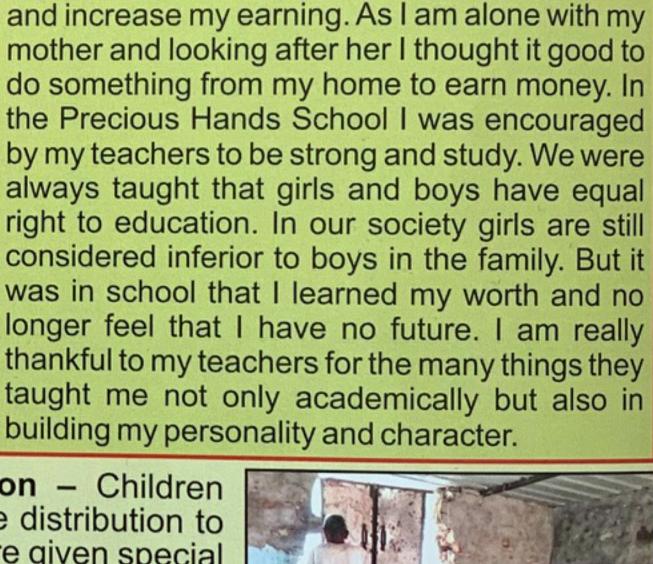
purchase a sewing machine and I earn around

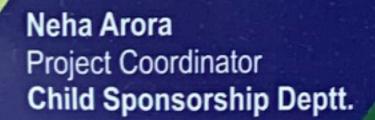
1500 /- rupees a month. It is not much but it is a

start. I hope to build up my business in the

village and slowly establish more customers







ACTIVITEITEN VAN DE ST ICHTING "GEEF hun HOOP"TE LINSCHOTEN IN SAMENWERKIG MET STEWARDS TRUST TE ALLAHABAD.

2022

Ook in 2022 hadden de mensen te maken met de pandemie Corona.

Dit betekende ,dat de kinderen een gedeelte van het jaar niet naar school konden gaan. Gelukkig is mede met uw financiële hulp het mogelijk gemaakt, de kinderen en hun ouders te laten inenten.

Het onderwijs kon wel doorgaan, maar er waren tijden, dat de overheid dat verbood en de kinderen dus noodgedwongen thuis moesten blijven. Gelukkig is dit nu voorbij en functioneren de scholen weer als normaal.

Dit jaar hebben wij de volgende activiteiten ontwikkeld t.w:

- Wij hebben het financieel mogelijk gemaakt de belangrijkste schoolboeken te laten aanschaffen.
- 2) Voor de allerarmsten hebben wij voedsel pakketen laten samen stellen en laten uitdelen.
- Alle kinderen in het Hardoan district hebben wij de mogelijkheid geboden om naar school te gaan.
- 4) Voorlichting gegeven op het gebied van hygiëne, geboorte beperking en de noodzaak om de kinderen naar school te laten gaan i.p.v. te laten werken.
- 5) Wij hebben een gedeelte van de financiering op ons genomen voor de bouw van een z.g. community hall .Een gebouw, waarin allerlei activiteiten worden gehouden t.b.v.ntwikkeling van de dorps bevolking .
- 6) In diverse dorpen hebben we kleding uitgereikt.
- 7) De mogelijkheid geboden met de kinderen Kerstfeest te vieren.

Door uw giften waren wij in staat dit alles financieel te bekostigen.

De armen hebben helaas geen geld om bij ziekete nar de dokter te gaan. Erst betaln en dan pas wordt men geholpen. Verzekeringen zijner wel, maar alleen voor de rijken.

Dat is de reden, dat wij zoveel mogelijk en wat in ons vermogen ligt enige financiële hulp te bieden in noodgevallen.

Zo hebben wij een jong meisje geholpen, door haar hart operatie te betalen.